

January 2022

Relive Care Center LLC

Breakfast offered Daily: Assorted Cold Cereals (Special K, Rice Krispies, Raisin Bran, Cheerios) Toast, Jelly, Milk, Juices, Coffee, Tea Lunch: Milk and Bread Daily Afternoon Snacks: Orange, apple, cranberry juice milk, graham/ saltine crackers

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
3) Meatballs. A comfort food dish in a light sauce studded with peas and egg noodles.	4) American Meatloaf w/mashed potatoes, gravy and chef's choice of veggies	5) Chicken parmesan and spaghetti with veggies and homemade marinara sauce	6) Veggie Lasagna baked with layers cheese carrots spinach, and broccoli	7) Lemon Herb Cod W/Mashed Potatoes w/veggies
10) stuffed Cabbage with Meat and rice, served with red sauce	11) Chicken parmesan and spaghetti with veggies and homemade marinara sauce	12) Salisbury Steak- with Gravy, juicy patty served with mash and mix vegetables	13) American Meatloaf w/mashed potatoes, gravy and chef's choice of veggies	14) Lemon Herb Cod W/Mashed Potatoes w/veggies
17) Veggie Lasagna baked with layers cheese carrots spinach, and broccoli	18) American Meatloaf w/mashed potatoes, gravy and chef's choice of veggies	19) Meat Lasagna, baked with beef, red sauce, cheese and veggies on the side	20) stuffed Cabbage with Meat and rice, served with red sauce	21) Lemon Herb Cod W/Mashed Potatoes w/veggies
24) Meatballs. A comfort food dish in a light sauce studded with peas and egg noodles.	25) Veggie Lasagna baked with layers cheese carrots spinach, and broccoli	26) stuffed Cabbage with Meat and rice, served with red sauce	27) Meatballs. A comfort food dish in a light sauce studded with peas and egg noodles	28) Lemon Herb Cod W/Mashed Potatoes w/veggies
31) Salisbury Steak- with Gravy, juicy patty served with mash and mix vegetables	Bring in Non-perishable Food Until end of Jan to donate local food bank. Thank you!!!!			