

Relive Care Center LLC January 2022 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Arts/ Craft 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack</p>	<p>4) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Coloring 12pm-1pm Lunch 1:15pm-1:45pm-Pictionary 2:00pm-2:30:pm- Word Game 2:30-3:00m Snack/ Bye</p> 	<p>5) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Oil Painting 12pm-1pm Lunch 1:15pm-1:45pm- Famous Face Bingo 2:00pm-2:30:pm – Balloon Toss 2:30-3:00pm Snack/ Bye</p> 	<p>6) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Arts/ Craft 12pm-1pm Lunch 1:15pm-1:45pm- Pictionary 2:00pm-2:30:pm Toss and Talk 2:30-3:00pm Snack/Bye</p>  <p>DON MUSIC 1PM-2PM</p>	<p>7) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Arts/ Craft 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack</p> 
<p>10) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm Art/ Craft 12pm-1pm Lunch 1:15pm-1:45pm – Mind Joggers 2:00pm-2:30:pm – Bean Toss 2:30-3:00pm Snack/Bye</p> 	<p>11) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Coloring 12pm-1pm Lunch 1:15pm-1:45pm-Pictionary 2:00pm-2:30:pm- Word Game 2:30-3:00m Snack/ Bye</p>	<p>12) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Oil Painting 12pm-1pm Lunch 1:15pm-1:45pm- Famous Face Bingo 2:00pm-2:30:pm – Balloon Toss 2:30-3:00pm Snack/ Bye</p> 	<p>13) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Oil Painting 12pm-1pm Lunch 1:15pm-1:45pm- Famous Face Bingo 2:00pm-2:30:pm – Balloon Toss 2:30-3:00pm Snack/ Bye</p>	<p>14) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Arts/ Craft 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack PET</p> <p>DON MUSIC 1PM-2PM</p>
<p>17- 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm – Arts/ Craft 12pm-1pm Lunch 1:15pm-1:45pm-Word Search 2:00pm-2:30:pm –Noodle Toss 2:30-3:00pm Snack/Bye</p> 	<p>18) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Painting 12pm-1pm Lunch 1:15pm-1:45pm – telling Jokes 2:00pm-2:30:pm- Chair Exercise 2:30-3:00pm Snack/Bye</p> 	<p>19) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm – Music Bingo 12pm-1pm Lunch 1:15pm-1:45pm- Word Search 2:00pm-2:30:pm Ball Toss 2:30-3:00pm Snack/Bye</p> 	<p>20) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Arts/ Craft 12pm-1pm Lunch 1:15pm-1:45pm- Pictionary 2:00pm-2:30:pm Toss and Talk 2:30-3:00pm Snack/Bye</p> <p>DON MUSIC 1PM-2PM</p>	<p>21) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm – Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Scrabble 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack/Bye</p> 
<p>24- 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm Art/ Craft 12pm-1pm Lunch 1:15pm-1:45pm – Mind Joggers 2:00pm-2:30:pm – Bean Toss 2 30-3:00pm Snack/Bye</p> 	<p>25) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Bingo 12pm-1pm Lunch 1:15pm-1:45pm -Coloring 2:00pm-2:30:pm- Ring Toss 2:30-3:00pm Snack/Bye</p> 	<p>26) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Art/s Craft 12pm-1pm Lunch 1:15pm-1:45pm -bingo 2:00pm-2:30:pm Balloon Toss 2:30-3:00pm Snack/Bye</p> 	<p>27) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Arts/ Craft 12pm-1pm Lunch 1:15pm-1:45pm- Pictionary 2:00pm-2:30:pm Toss and Talk 2:30-3:00pm Snack/Bye</p>	<p>28) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Arts/ Craft 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack</p> <p>DON MUSIC 1PM-2PM</p>
<p>31) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm Art/ Craft 12pm-1pm Lunch 1:15pm-1:45pm – Mind Joggers 2:00pm-2:30:pm – Bean Toss 2:30-3:00pm Snack/Bye</p> 	<p>Don Music 1p-2pm Jan 6th, 2022 Jan 14th, 2022 Jan 20th, 2022 Jan 28th, 2022</p> 	<p>NEW YEAR'S RESOLUTIONS</p> <ol style="list-style-type: none"> lose weight exercise drink more water quit smoking earlier to bed drink less pay off credit car phone mom birth 	<p>Bring in Non-perishable Food Until end of Jan to donate local food bank. Thank you!!!!</p>	