

Relive Care Center LLC

November 2021

Breakfast offered Daily: Assorted Cold Cereals (Special K, Rice Krispies, Raisin Bran, Cheerios) Toast, Jelly, Milk, Juices, Coffee, Tea Lunch: Milk and Bread Daily Afternoon Snacks: Orange, apple, cranberry juice milk, graham/ saltine crackers

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
1) Meatballs. A comfort food dish in a light sauce studded with peas and egg noodles.	2) American Meatloaf w/mashed potatoes, gravy and chef's choice of veggies	3) Chicken parmesan and spaghetti with veggies and homemade marinara sauce	4) Veggie Lasagna baked with layers cheese carrots spinach, and broccoli	5) Lemon Herb Cod W/Mashed Potatoes w/veggies
8) stuffed Cabbage with Meat and rice, served with red sauce	9) Chicken parmesan and spaghetti with veggies and homemade marinara sauce	10) Salisbury Steak- with Gravy, juicy patty served with mash and mix vegetables	11) American Meatloaf w/mashed potatoes, gravy and chef's choice of veggies	12) Lemon Herb Cod W/Mashed Potatoes w/veggies
15) Veggie Lasagna baked with layers cheese carrots spinach, and broccoli	16) American Meatloaf w/mashed potatoes, gravy and chef's choice of veggies	17) Meat Lasagna, baked with beef, red sauce, cheese and veggies on the side	18) stuffed Cabbage with Meat and rice, served with red sauce	19) Lemon Herb Cod W/Mashed Potatoes w/veggies
22) Meatballs. A comfort food dish in a light sauce studded with peas and egg noodles.	23) Veggie Lasagna baked with layers cheese carrots spinach, and broccoli	24) stuffed Cabbage with Meat and rice, served with red sauce	<p><i>Closed</i> <i>Happy Thanksgiving</i></p> 	26) Lemon Herb Cod W/Mashed Potatoes w/veggies
29) Salisbury Steak- with Gravy, juicy patty served with mash and mix vegetables	30) Meatballs. A comfort food dish in a light sauce studded with peas and egg noodles			