



Relive Care Center LLC November 2021 Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Arts/ Craft 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack</p> 	<p>2) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Coloring 12pm-1pm Lunch 1:15pm-1:45pm-Pictionary 2:00pm-2:30:pm- Word Game 2:30-3:00m Snack/ Bye</p> 	<p>3) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Oil Painting 12pm-1pm Lunch 1:15pm-1:45pm- Famous Face Bingo 2:00pm-2:30:pm – Balloon Toss 2:30-3:00pm Snack/ Bye</p>	<p>4) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Arts/ Craft 12pm-1pm Lunch 1:15pm-1:45pm- Pictionary 2:00pm-2:30:pm Toss and Talk 2:30-3:00pm Snack/Bye</p> <p>DON MUSIC 1PM-2PM 4-7pm Health Fair Please Join us!</p>	<p>5) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Arts/ Craft 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack</p> 
<p>8) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm Art/ Craft 12pm-1pm Lunch 1:15pm-1:45pm – Mind Joggers 2:00pm-2:30:pm – Bean Toss 2:30-3:00pm Snack/Bye</p> 	<p>9) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Coloring 12pm-1pm Lunch 1:15pm-1:45pm-Pictionary 2:00pm-2:30:pm- Word Game 2:30-3:00m Snack/ Bye</p> 	<p>10) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Oil Painting 12pm-1pm Lunch 1:15pm-1:45pm- Famous Face Bingo 2:00pm-2:30:pm – Balloon Toss 2:30-3:00pm Snack/ Bye</p> 	<p>11) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Oil Painting 12pm-1pm Lunch 1:15pm-1:45pm- Famous Face Bingo 2:00pm-2:30:pm – Balloon Toss 2:30-3:00pm Snack/ Bye</p> <p>Happy Veterans Day!</p>	<p>12) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Arts/ Craft 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack PET</p>  <p>DON MUSIC 1PM-2PM</p>
<p>15) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm – Arts/ Craft 12pm-1pm Lunch 1:15pm-1:45pm-Word Search 2:00pm-2:30:pm –Noodle Toss 2:30-3:00pm Snack/Bye</p> 	<p>16) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Painting 12pm-1pm Lunch 1:15pm-1:45pm – telling Jokes 2:00pm-2:30:pm- Chair Exercise 2:30-3:00pm Snack/Bye</p> 	<p>17) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am-Morning Exercise 11:00am-12pm – Music Bingo 12pm-1pm Lunch 1:15pm-1:45pm- Word Search 2:00pm-2:30:pm Ball Toss 2:30-3:00pm Snack/Bye</p> 	<p>18) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Arts/ Craft 12pm-1pm Lunch 1:15pm-1:45pm- Pictionary 2:00pm-2:30:pm Toss and Talk 2:30-3:00pm Snack/Bye</p> <p>DON MUSIC 1PM-2PM</p>	<p>19) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm – Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Scrabble 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack/Bye</p> 
<p>22) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm Art/ Craft 12pm-1pm Lunch 1:15pm-1:45pm – Mind Joggers 2:00pm-2:30:pm – Bean Toss 2:30-3:00pm Snack/Bye</p> 	<p>23) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Bingo 12pm-1pm Lunch 1:15pm-1:45pm -Coloring 2:00pm-2:30:pm- Ring Toss 2:30-3:00pm Snack/Bye</p> 	<p>24) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Art/s Craft 12pm-1pm Lunch 1:15pm-1:45pm -bingo 2:00pm-2:30:pm Balloon Toss 2:30-3:00pm Snack/Bye</p> 	<p>Closed Happy Thanksgiving</p> 	
<p>29) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm Art/ Craft 12pm-1pm Lunch 1:15pm-1:45pm – Mind Joggers 2:00pm-2:30:pm – Bean Toss 2:30-3:00pm Snack/Bye</p> 	<p>30) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm- Coloring 12pm-1pm Lunch 1:15pm-1:45pm-Pictionary 2:00pm-2:30:pm- Word Game 2:30-3:00pm Snack/ Bye</p> 	<p><u>Don Music</u> Nov 4th Nov 12th Nov 18th Nov 26th</p> 	 <p>THERE IS always, always, ALWAYS something to be thankful for</p>	
				<p>26) 8:00am-9:30am Welcome/Breakfast 9:45am-10:45am- Morning Exercise 11:00am-12pm-Cooking Class 12pm-1pm Lunch 1:15pm-1:45pm- Arts/ Craft 2:00pm-2:30:pm – Stretching 2:30-3:00pm Snack</p> <p>DON MUSIC 1PM-2PM</p>  <p>Don't forget to set your scale back 10 lbs this week.</p>